



Child Care Human Resources Sector Council

The Child Care Human Resources Sector Council

Toll-free 1.866.411.6960
Email <u>info@ccsc-cssge.ca</u>
Website <u>www.csc-cssge.ca</u>





The Early Childhood Community Development Centre

Phone 905.646.7311
Email eccdc@eccdc.org
Website www.eccdc.org

www.mentoringpairsforchildcare.org

Contents

Introduction	4
Section A: Child Development & Care	5
A.1. Facilitate the development and behaviour of children.	5
A.2. Develop, implement and evaluate programs.	6
A.3. Support the holistic development of all children.	7
A.4. Meet health, welfare and safety needs	8
A.5. Meet nutritional needs.	9
A.6. Guide children's behaviour.	10
Section B: Equipment & Facilities	11
B.1. Develop and maintain a safe environment	11
B.2. Operate and maintain facilities.	12
Section C: Family and Community Relations	13
C.1. Form collaborative partnerships with families.	13
C.2. Use community resources.	14
C.3. Advocate for children and families	15
C.4. Provide an inclusive environment.	16
Section D: Professional Relationships	17
D.1. Work as a member of a team.	17
D.2. Mentor others.	18
Section E: Personal and Professional Development	19
E.1. Conduct self professionally.	19
E.2. Maintain a work/life balance.	20
E.3. Participate in professional development.	21
E.4. Advocate for the profession.	
Section F: Record Keeping	23
F 1 Maintain records for legislation and regulations	23

Introduction

The following document is based on information from the *Occupational Standards for Early Childhood Educators* (ECEs) and the *Occupational Standards for ECEs "How To" Guide*. Both are Child Care Human Resources Sector Council (CCHRSC) publications which were released in spring 2010.

The *Occupational Standards for ECEs* describe the knowledge, skills and abilities early childhood educators need to do their job effectively. The standards were developed and validated for the ECEC sector through collaboration with over 1,000 front-line ECEs and key sector stakeholders.

For more information on the *Occupational Standards for ECEs* or to download your free copy of the Standards and companion documents – Task Chart, How-To Guide, or this Checklist - please visit the CCHRSC website at www.ccsc-cssge.ca. Print copies of the Occupational Standards, How-To Guide, and Task Chart are also available by filling out the order form found on the CCHRSC website.

This self-assessment checklist booklet was developed in collaboration with the Early Childhood Community Development Centre's (ECCDC) Mentoring Pairs for Child Care project and is intended to be used in order to identify areas of strength and those needing further development according to the tasks and rating scale outlined in the Occupational Standards for Early Childhood Educators and "How To" Guide.

The ECCDC is an independent, charitable organization that provides support, resources, and training to early learning and care professionals and programs in Niagara. The ECCDC also supports the provision of quality child care beyond Niagara through Consultation and Training Services and its Mentoring Pairs for Child Care (MPCC) program and related resources. For further information on the ECCDC, visit www.eccdc.org. To learn more about Mentoring Pairs for Child Care, visit www.mentoringpairsforchildcare.org.

To obtain additional print copies of this booklet, please contact the ECCDC at eccdc@eccdc.org.



A.1. Facilitate the development and behaviour of children.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section A, Task A.1.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key							
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery			
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others			

Occupational Standard

A. Child Development & Care

Task

1. Facilitate the development and behaviour of children.

Sub-Task	1	2	3	4	5
1.1 Use a variety of observation and documentation techniques.					
1.2 Facilitate cognitive development of children.					
1.3 Facilitate language development of children.					
1.4 Facilitate social development of children.					
1.5 Facilitate acceptance of diversity.					
1.6 Facilitate emotional development of children.					
1.7 Facilitate creative development of children.					
1.8 Facilitate physical development of children.					

Professional Development Plan Example						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures		

MY PROFESSIONAL DEVELOPMENT PLAN					
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation	

A.2. Develop, implement and evaluate programs.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section A, Task A.2.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key							
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery			
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others			

Occupational Standard

A. Child Development

& Care

Task

2. Develop, implement and evaluate programs.

Sub-Task	1	2	3	4	5
2.1 Research a variety of curriculum models.					
2.2 Implement inclusion policy.					
2.3 Develop infant program.					
2.4 Develop toddler program.					
2.5 Develop pre-school program.					
2.6 Develop Kindergarten-age program.					
2.7 Develop school-age program.					
2.8 Develop multi-age program.					
2.9 Modify environment to provide accessibility.					
2.10 Implement program.					
2.11 Evaluate program.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN					
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation	

A.3. Support the holistic development of all children.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section A, Task A.3.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key							
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery			
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others			

Occupational Standard

A. Child Development & Care

Task

3. Support the holistic development of all children.

Sub-Task	1	2	3	4	5
3.1 Build meaningful relationships with the children.					
3.2 Identify and expand upon learning opportunities (teachable moments).					
3.3 Identify and support child's individual learning and development.					
3.4 Identify and support diversity, equity and inclusion.					
3.5 Maintain documentation of child's development.					

Professional Development Plan Example						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures		

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

A.4. Meet health, welfare and safety needs.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section A, Task A.4.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key							
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery			
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others			

U	ccu	pationa	aı Star	naara

A. Child Development & Care

Task

4. Meet health, welfare and safety needs.

Sub-Task	1	2	3	4	5
4.1 Accommodate for children's allergies.					
4.2 Administer medication and/or procedures.					
4.3 Implement preventative health and safety measures.					
4.4 Develop and implement safe travelling practices.					
4.5 Provide first-aid and CPR.					
4.6 Implement emergency and evacuation plans.					
4.7 Implement security procedures.					
4.8 Review safety related issues.					
4.9 Follow safe toileting and diapering procedures.					
4.10 Identify and report suspected cases of child abuse and neglect.					
4.11 Promote a healthy lifestyle.					
4.12 Promote environmentally sound practices.					
4.13 Actively supervise children.					
4.14 Supervise children during outings and field trips.					

Professional Development Plan Example						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures		

MY PROFESSIONAL DEVELOPMENT PLAN					
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation	

A.5. Meet nutritional needs.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section A, Task A.5.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key						
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery		
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others		

Occupational Standard
A. Child Development & Care
Task
5. Meet nutritional needs.

Sub-Task	1	2	3	4	5
5.1 Plan and provide nutritious meals and snacks.					
5.2 Prepare and provide infant nutrition.					
5.3 Promote healthy eating.					
5.4 Accommodate for special nutritional requirements.					

Professional Development Plan Example						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures		

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

A.6. Guide children's behaviour.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section A, Task A.6.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key							
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery			
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others			

Occupational Standard

A. Child Development

& Care

Task

6. Guide children's behaviour.

Sub-Task	1	2	3	4	5
6.1 Establish with colleagues an environment to foster positive behaviour in the program.					
6.2 Guide and observe children.					
6.3 Implement positive behaviour guidance.					
6.4 Facilitate appropriate language.					
6.5 Facilitate conflict resolution.					
6.6 Facilitate empathy.					
6.7 Use and promote active listening skills.					
6.8 Use natural or logical consequences.					
6.9 Protect children from physical and emotional harm.					
6.10 Facilitate problem-solving skills.					
6.11 Facilitate coping skills.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

Section B: Equipment & Facilities

B.1. Develop and maintain a safe environment.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section B, Task B.1.
- Review the sections describing: required skills and abilities; and required core knowledge.
- Reflect on your strengths as well as any areas that you think could be improved.
- Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- Develop a professional development plan to strengthen your competency in this task.

Ratings Key								
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery				
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others				

Occupational Standard
B. Equipment & Facilities
Task
1. Develop and maintain a safe environment.

Sub-Task	1	2	3	4	5
1.1 Check for physical hazards.					
1.2 Maintain and implement safety standards and protocols.					
1.3 Use developmentally-appropriate equipment.					
1.4 Adapt programming and equipment to unique settings and situations.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

Section B: Equipment & Facilities

B.2. Operate and maintain facilities.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section B, Task B.2.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key									
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery					
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others					

Occupational Standard
B. Equipment & Facilities
Task
2. Operate and maintain facilities.

Sub-Task	1	2	3	4	5
2.1 Maintain equipment, materials and furnishings.					
2.2 Maintain indoor and outdoor physical environment.					
2.3 Monitor cleanliness and sanitation of all areas used by children.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			

C.1. Form collaborative partnerships with families.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section C, Task C.1.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key									
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery					
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others					

Occupational Standard
C. Family and Community Relations
Task
1. Form collaborative partnerships with families.

Sub-Task	1	2	3	4	5
1.1 Build and maintain meaningful relationships with families.					
1.2 Orient families to the program.					
1.3 Communicate with families.					
1.4 Collaborate with parents.					
1.5 Provide family resources.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			

C.2. Use community resources.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section C, Task C.2.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key									
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery					
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others					

Occupational Standard
C. Family and Community Relations
Task
2. Use community resources.

Sub-Task	1	2	3	4	5
2.1 Access and engage community resources, facilities and services.					
2.2 Raise awareness of community events.					
2.3 Involve volunteers.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			

C.3. Advocate for children and families.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section C, Task C.3.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key									
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery					
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others					

Occupational Standard
C. Family and Community Relations
Task
3. Advocate for children and families.

Sub-Task	1	2	3	4	5
3.1 Make connections between families and resources.					
3.2 Respect the rights of the child.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN								
Professional Development Activity	Required Resources	Timeline	Evaluation					
	Professional Development	Professional Development Required Resources	Professional Development Required Resources Timeline					

C.4. Provide an inclusive environment.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section C, Task C.4.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key								
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery				
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others				

Occupational Standard
C. Family and Community Relations
Task
4. Provide an inclusive environment.

Sub-Task	1	2	3	4	5
4.1 Collaborate with parents to identify strengths, needs and interests of the child.					
4.2 Collaboratively develop and implement inclusion plans with other professionals and parents.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL D	DEVELOPMENT PLAN			
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation

Section D: Professional Relationships

D.1. Work as a member of a team.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section D, Task D.1.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key								
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery				
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others				

Occupational Standard
D. Professional Relationships
Task
1. Work as a member of a team.

Sub-Task	1	2	3	4	5
1.1 Create partnerships with colleagues.					
1.2 Participate in meetings.					
1.3 Liaise with stakeholders.					
1.4 Demonstrate leadership.					
1.5 Follow policies and procedures.					

Professional Development Plan Example					
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation	
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures	

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

Section D: Professional Relationships

D.2. Mentor others.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section D, Task D.2.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key				
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others

Occupational Standard
D. Professional Relationships
Task
2. Mentor others.

Sub-Task	1	2	3	4	5
2.1 Support and guide colleagues and students.					
2.2 Facilitate mentee's professional development.					
2.3 Act as a resource.					

Professional Development Plan Example						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures		

MY PROFESSIONAL DEVELOPMENT PLAN					
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation	

E.1. Conduct self professionally.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section E, Task E.1.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key							
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery			
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others			

E. Personal and Professional Development Task 1. Conduct self professionally.

Sub-Task	1	2	3	4	5
1.1 Maintain professionalism.					
1.2 Follow policies and procedures.					
1.3 Use a code of ethics to guide practice.					
1.4 Maintain confidentiality.					
1.5 Maintain required professional certifications and/or registrations.					
1.6 Keep up-to-date with legislative requirements.					

Professional Development Plan Example						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures		

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

E.2. Maintain a work/life balance.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section E, Task E.2.
- 2. Review the sections describing: required skills and abilities; and required core knowledge.
- 3. Reflect on your strengths as well as any areas that you think could be improved.
- 4. Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- 5. Develop a professional development plan to strengthen your competency in this task.

Ratings Key				
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others

Occupational Standard
E. Personal and Professional Development
Task
2. Maintain a work/life balance.

Sub-Task	1	2	3	4	5
2.1 Engage in ongoing self-assessment.					
2.2 Maintain physical health.					
2.3 Maintain mental well-being.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

E.3. Participate in professional development.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section E, Task E.3.
- Review the sections describing: required skills and abilities; and required core knowledge.
- Reflect on your strengths as well as any areas that you think could be improved.
- Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- Develop a professional development plan to strengthen your competency in this task.

Ratings Key								
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery				
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others				

Occupational Standard

E. Personal and Professional Development

Task

3. Participate in professional development.

Sub-Task	1	2	3	4	5
3.1 Develop and implement a professional development plan.					
3.2 Evaluate progress based on the professional development plan.					
3.3 Participate in professional workshops, courses and ongoing learning.					
3.4 Network with peers.					

Professional Development Plan Example								
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation				
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures				

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

E.4. Advocate for the profession.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section E, Task E.4.
- Review the sections describing: required skills and abilities; and required core knowledge.
- Reflect on your strengths as well as any areas that you think could be improved.
- Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- Develop a professional development plan to strengthen your competency in this task.

Ratings Key								
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery				
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others				

Occupational Standard
E. Personal and Professional Development
Task
4. Advocate for the profession.

Sub-Task	1	2	3	4	5
4.1 Participate in professional organizations.					
4.2 Promote the profession.					

Professional Development Plan Example							
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation			
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures			

MY PROFESSIONAL DEVELOPMENT PLAN					
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation	

Section F: Record Keeping

F.1. Maintain records for legislation and regulations.

- 1. Refer to the Occupational Standards for Early Childhood Educators Section F, Task F.1.
- Review the sections describing: required skills and abilities; and required core knowledge.
- Reflect on your strengths as well as any areas that you think could be improved.
- Use the rating scale provided below to reflect your skills, knowledge and abilities in each of the areas identified.
- Develop a professional development plan to strengthen your competency in this task.

Ratings Key						
1 = None	2 = Novice	3 = Functional	4 = Competent	5 = Mastery		
I have no experience in this area	I am developing skills and knowledge in this area	I can perform this area with some support	I work independently in this area with initiative and adapt to special situations	I demonstrate this area well enough to mentor others		

Occupational Standard

F. Record Keeping

Task

1. Maintain records for legislation and regulations.

Sub-Task	1	2	3	4	5
1.1 Record daily and monthly attendance.					
1.2 Record and report accidents, incidents and occurrences as required.					
1.3 Record cleaning procedures.					
1.4 Prepare record of ill health.					
1.5 Record medical procedures and the administration of medication.					
1.6 Maintain up-to-date children's records.					
1.7 Record facility maintenance and safety checks.					
1.8 Complete child's daily log for parents.					
1.9 Complete daily program log book/record.					

Professional Development Plan Example						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		
A.4.3 Implement preventative health and safety measures	One day health and safety workshop	One day off work, \$75 registration fee	Within one month	Increased knowledge and implementation of preventative health and safety measures		

MY PROFESSIONAL DEVELOPMENT PLAN						
Task/Sub-Task	Professional Development Activity	Required Resources	Timeline	Evaluation		

